



presented by



Carolina Pickleball Association is excited to offer the inaugural Polar Paddle Indoor League at Pickles and Play Wake Forest!! Get your friends together and form a team, don't miss out on the fun!!

- Team rosters are 6 minimum, 10 maximum. MIXED is 1 woman, 1 man per court.
- **Captains please [click here](#) to request your team number, you will not be able to register a team without getting a number from me first. SPACE IS LIMITED, if a division closes I will place teams on a waitlist. Teams will be taken in the order I receive the team number request. If you are new to the league and do not have a PTPB Member ID please create your account at [playteampickleball.com](http://playteampickleball.com) before filling out the request form (click join the league and login to player portal).**
- Players without an established PTPB rating should evaluate their level in accordance with [USAPA Player Skill Rating Definitions](#) and play accordingly. Guidelines provided on [playteampickleball.com](http://playteampickleball.com).
- Matches begin the week of November 9, 8 week regular season followed by a championship match for qualified teams.
- Each team match consists of 9 individual round robin style unranked doubles games, played in 3 rounds. Partners remain the same for all rounds. Each round is 3 games of doubles with rotating opponents (ie: home pair #1 plays 3 games against visiting team pair #1, #2 and #3 for a total of 9 games). Each game is first to 15 by 2, the winner of the team match is the team with the most total games won (out of 9 games played).
- All registration will be done through [playteampickleball.com](http://playteampickleball.com). The fee is \$100/player which includes all league and indoor court fees for the season. PNP members will receive a \$20 member credit.
- All players must be 18 years old to register. Players in the 50+ must turn 50 by 12/31/25. If you are age eligible you may play both Adult and 50+. You may play on a single gender and a mixed team.
- Registration will be September 22-October 22: 6 players minimum must be registered by 10/24.

#### DAYS OF PLAY\*

##### Adult Divisions

LOW INT Women (2.5-3.4) Saturday 1:30pm  
HIGH INT Women/Eve. (3.5-4.1) Tuesday 5 or 7pm  
HIGH INT Women/Day (3.5-4.1) Wednesday 12 or 2pm  
HIGH INT Men (3.5-4.1) Thursday 7pm  
ADV Women (3.8-4.3) Saturday 1:30pm  
LOW INT MIXED (2.5-3.4) Sunday 3pm  
HIGH INT MIXED (3.3-3.9) Sunday 5pm  
ADV MIXED (4.0-4.75) Sunday 3pm

##### Adult 50+ Divisions

LOW INT Women (2.5-3.4) Tuesday 12 or 2pm  
HIGH INT Women (3.5-4.1) Thurs. AM or 2PM  
HIGH INT Men (3.5-4.1) Saturday 3pm

\*Divisions will primarily play on these days. **Weekend match dates may be used as additional play dates for any division as needed due to court/scheduling issues.**

Questions? Contact: [raleigh@playteampickleball.com](mailto:raleigh@playteampickleball.com)